



## Sunshine Coast Medical Weight Loss Centre - Comprehensive Weight Management Program

Are you tired of struggling with your weight and searching for a sustainable solution? At Sunshine Coast Medical Weight Loss Centre (SCMWLC), we understand the challenges you face and are here to offer a holistic approach to weight management under one roof. Our multi-disciplinary team, including a dedicated Bariatric Nurse Educator, is committed to supporting you on your weight loss journey.

**Program Overview:** Embark on a transformative 12-week Weight Loss & Weight Management program designed to help you lose excess weight, build healthy habits and maintain a healthier lifestyle. This program is NOT a diet; it's a personalised approach backed by the expertise of our experienced medical team. Our goal is to assist you in achieving lasting results and addressing various health-related concerns.

### Program Highlights:

- **Tailored Approach:** Receive personalised guidance tailored to your weight loss goals.
- **Medical Expertise:** Benefit from the expertise of our medical team throughout your weight loss journey.
- **Health Improvement:** Improve blood-glucose levels, blood pressure, sleep apnoea, waist circumference, and overall quality of life.
- **Ongoing Support:** Beyond the 12-week program, re-engage with us, we are here to support you.

### Additional Information:

- **Health Fund Rebates:** Check with your health fund for potential rebates.
- **Medications:** Available at local pharmacies, with additional needles and low-energy meal replacements accessible through our practice or local pharmacy.

**Weight Loss Medications:** For those facing significant health problems due to weight, prescribed weight loss medications may be an option. Our Bariatrician GP's assess suitability and discuss benefits and side effects, ensuring a comprehensive approach to your weight loss journey.

**Why Choose SCMWLC Doctors?** Partner with SCMWLC Bariatrician GP's and allied health professionals for a tailored and holistic approach to your weight loss journey. With a process involving initial consultations, weekly check-ins, monthly dietitian visits, and psychology sessions, we aim to provide comprehensive care and support throughout your weight management program.

Ready to embark on a healthier and more fulfilling journey?

Contact Sunshine Coast Medical Weight Loss Centre today to start your personalised weight management program.